

HOLY FAMILY REGIONAL SCHOOL

JESUS CHRIST IS THE REASON FOR OUR SCHOOL

Thursday, May 11, 2023

Issue 31

HFRS Weekly Wrap

Dear Parents,

This month we celebrate Mary, our mother and model of faith. Mary offered the ultimate sacrifice by giving her son to be the Savior of the World! She teaches us, by example, to open our hearts and allow God to work in and through us. She is a role model and inspiration of faith and love. This weekend, as we celebrate the gift of motherhood, we are reminded of the unconditional love that was exemplified through Mary and her most precious Son.

We are surrounded by the presence of mothers, grandmothers, mothers-to-be, and women of faith, every day at Holy Family Regional School. We have over six hundred extraordinary mothers who share the gift of love and wisdom. Tonight, we will honor these mothers at the annual Mothers' Dinner and Fashion Show which will take place at the Palazzo Grande. I look forward to seeing our eighth grade models and the wonderful mothers of Holy Family. I would like to express my sincerest gratitude to the many parents who make this event so enjoyable and memorable for all.

This Week's Happenings:

- Special thanks to all who participated and assisted with the Golf Outing on Monday. The weather was beautiful and the golfers enjoyed an afternoon of fun on the course. All profits from the event assist our school with the instructional programs that make our school great. Thanks for your support!
- Grandparents Day was a huge success as our guests started the morning at the North Campus with the Grandparent Mass. In the afternoon, the grandparents had lunch at South Campus followed by the rosary and May Crowning. These events were broadcast live on Facebook and can still be viewed on our Facebook page.
- On Friday, the teachers and staff will be participating in a day of retreat and reflection held at St. Irenaeus. David Seitz, the Christian Service Coordinator from St. Andrew will be sharing reflections from his book, *Come, Let Us Worship*.

Sunday is Mothers' Day! I will offer a very special prayer for my mother, the mother of my children, and most especially for all of the many moms and grandmothers associated with Holy Family. Each of you can relate to the life and journey of our Blessed Mother Mary, for you all share in the heartache and joy in the lives of your children.

Many blessings to you and your family!



Mr. Jon Myers
Principal

Looking Ahead:

Monday, May 15

6:00pm School Advisory Council Meeting

Tuesday, May 16

Student Council sponsored Non-uniform Day for Sam Smiles

Wednesday, May 17

6:30pm Incoming 4th Grade Information Night

Thursday, May 18

9:00am School Mass (4-8) at St. Mary of the Hills

Friday, May 19

No Buses to or from School

10:00am School Communion Mass (Y5-3) at St. Andrew Church

Announcements:

The FACTS Parent Portal will close on Friday, May 26th at 4pm. It will open again on Friday June 9th at 4pm.

Angels' Place is sponsoring their annual Angels' Place race this Saturday, May 13, at Saint Daniel Parish in Clarkston. ALL are welcome! The organization will host a 1K, 5K, and a walk. Registration is on the Angels' Place website (<https://angelsplacerace.org/>), and all registration fees support the Angels Place organization. Our own alumna Sophia Schudt is on the advertisement page! Thank you for supporting this outstanding organization!





Holy Family Regional School is committed to developing the whole child. This includes their mental and social development. We are pleased to share a few ways we will help to bring awareness to this important topic.

Mother's Day Weekend- This will be a NO HOMEWORK weekend! Students, parents, teachers, staff, and administrators will enjoy this weekend without worrying about deadlines for Monday Morning May 15, 2023. School concludes on Thursday, Mother's Day Dinner and Fashion Show that night, and the following day the faculty and staff will gather for Retreat at St. Irenaeus for the day. No homework for the students means no homework for anyone. YAAA!

Tuesday May 16, 2023- We will have a dress down day for a \$1.00 donation. Proceeds will go to the Sam Smiles Foundation. This foundation is remembering Sam Dewey, a graduate from Holy Family. Their organization can be found at this link. <https://www.samsmile.org/about-us>

Weekly Wrap- Look for news from the Counselor's Corner by Mrs. Monique McMurtry. It will have suggestions throughout the month for parents to help navigate some of the challenges our children are facing in our current world.

Psalm 73:26

"My flesh and my heart may fail, but God is the strength of my heart and my portion forever."

Join **Be SMART For Kids** at HFRS for a presentation on gun safety.

7:00 Tuesday May 23rd

**Holy Family Regional School South Campus, Multi-Purpose Room
2633 John R Road, Rochester Hills**

Join parents, caregivers and other adults to learn about the important reasons for safe gun storage in homes and vehicles to protect our children, teens and at-risk individuals. HFRS Principal Mr. Myers will also provide an update on what HFRS is doing to keep our community safe.

Even if you are not a firearm owning family, there are steps you can take to protect your children from unsecured firearms.

This presentation supports the 2nd Amendment & is designed for **ADULTS only**. Plan for a 30 minute presentation with Q&A after.

SIGN UP for May 23rd 7:00

<https://www.signupgenius.com/go/10c084ca9ac2aa4fa7-gunsafety>

For more information, please visit <https://besmartforkids.org/>





This Week in our Faith

News from Campus Ministry

On Our Blessed Mother Mary

Last week I offered some high points in the life of our Blessed Mother Mary. This week I will continue to share more. The last focus was on the Annunciation when Mary was visited by the Angel Gabriel. He told her she would give birth to the Messiah. Soon after this, Mary went to see her cousin and we celebrate that time as "The Visitation" celebrated on May 31st.

Mary went to attend to her cousin, Elizabeth, who was expecting a baby. Mary, herself with child, made the long journey to be with Elizabeth. As soon as Elizabeth saw Mary, the baby inside of her jumped for joy. It's hard to believe that a baby, still inside its mother's womb, could jump for joy, but Elizabeth felt the baby move with excitement. Elizabeth immediately realized it was because Mary was also going to have a baby...without even being told, Elizabeth and her baby, knew that Mary was carrying Jesus, the Son of God. The Holy Spirit had come into Elizabeth, and she knew.

Elizabeth said to Mary, "Blessed are you among women and blessed is the fruit of your womb Jesus." Do you recognize these words...they are, again, part of the Hail Mary prayer. Elizabeth also said, "How is it, that the mother of my Lord should come to me?" This tells us she knew Mary was carrying Jesus inside of her. Mary stayed with Elizabeth for about three months...she probably stayed to help Elizabeth in her final months of pregnancy and maybe even help in the birth of her son...do you know who it is? John the Baptist.

As you know, Mary's life continued to get more and more exciting! She married Joseph, a carpenter, who was a very faithful man. Mary and Joseph had to travel from Nazareth to Joseph's place of birth for the census...in Bethlehem. Mary gave birth to a baby boy, who we know was God himself. We celebrate this holy event of course on December 25th Christmas. The word Christmas comes from "Cristes Maesse", first recorded in 1038, which means the Mass of Christ or Christ's Mass.

Upcoming Events and Mass Leadership

- May 18- **South Campus Mass** 9:00 AM St. Mary of the Hills. Leadership: Mrs. Jovick
- May 19- **First Communion Celebration** 10:00AM St. Andrew. Leadership: Second and Third Grade
- May 25- **South Campus Mass 8th Grade Blessing** 9:00AM St. Mary of the Hills Leadership: 7th Grade
- June 7- **Closing Mass South Campus Field** 10:00AM Leadership: Mrs. Polansky and 7th Grade Choir



Congratulations to all of our 8th Graders that received the Sacrament of Confirmation this past weekend. May you be guided by the Holy Spirit every day of your life.

PRAYERS YOU'LL NEED TO KNOW

The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day, He arose again from the dead; He ascended into heaven, and sits at the right hand of God the Father Almighty; from thence HE shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace! The Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O my Jesus, have mercy on us, forgive us our sins, save us from the fires of hell. Lead all souls to heaven, especially those most in need of thy mercy. Amen.

The Hail Holy Queen

Hail Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious advocate, your eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement O loving O sweet Virgin Mary! Pray for us, O Holy Mother of God. That we may be made worth the promises of Christ.

HOW TO PRAY THE ROSARY

ORDER TO SAY THEM IN

1. While holding the crucifix make the Sign of the Cross and then recite the Apostles' Creed.
2. Recite the Our Father for the Pope on the first large bead.
3. Recite the Hail Mary for an increase of faith, hope, and love on each of the three small beads.
4. After the 3 Hail Mary's recite the Glory Be and Fatima Prayer.
5. Recall the first Rosary Mystery and recite the Our Father on the large bead.
6. On each of the adjacent ten small beads (referred to as the decade) recite a Hail Mary while reflecting on the mystery.
7. After the 10 Hail Mary's say the Glory Be, and the Fatima Prayer (O My Jesus).
8. Each succeeding decade is prayed in similar manner by recalling the appropriate mystery, reciting the Our Father, 10 Hail Mary's, the Glory Be, and the Fatima prayer while reflecting on the mystery.
9. When the fifth mystery is completed, the Rosary is customarily concluded with the Hail Holy Queens.

Download full CD on the FEST website at: www.thefest.us/rosary

THE MYSTERIES OF THE ROSARY

Joyful Mysteries (Monday & Saturday)

1st Decade: The Annunciation (Luke 1:26-38)
2nd Decade: The Visitation (Luke 1:39-45)
3rd Decade: The Nativity of Jesus (Luke 2:6-12)
4th Decade: The Presentation of Jesus (Luke 2:25-32)
5th Decade: The Finding Jesus in the Temple (Luke 2:41-50)

Luminous Mysteries (Thursday)

1st Decade: The Baptism of Jesus (Matthew 3:13-17)
2nd Decade: The Miracle at Cana (John 2:1-11)
3rd Decade: The Proclamation of the Kingdom (Mark 1:14-15)
4th Decade: The Transfiguration (Matthew 17:1-8)
5th Decade: The Institution of the Eucharist (Matthew 26:26-28)

Sorrowful Mysteries (Tuesday & Friday)

1st Decade: The Agony in the Garden (Luke 22:39-46)
2nd Decade: The Scourging at the Pillar (Mark 15:1-19)
3rd Decade: The Crowning with Thorns (John 19:1-8)
4th Decade: The Carrying of the Cross (John 19:16-22)
5th Decade: The Crucifixion (John 19:25-30)

Glorious Mysteries (Wednesday & Sunday)

1st Decade: The Resurrection (Mark 16:1-7)
2nd Decade: The Ascension of Jesus (Luke 24:45-53)
3rd Decade: The Descent of the Holy Spirit (Acts 2:1-7, 11)
4th Decade: The Assumption of Mary (Luke 1:26-55)
5th Decade: The Coronation of Mary (Revelation 12:1-17)

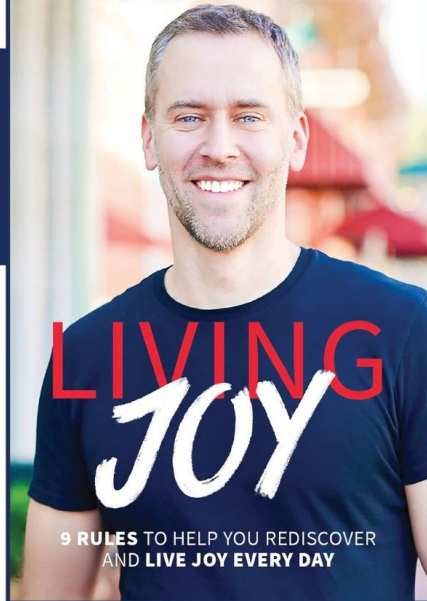
A Mother's Day Blessing



Blessed is the Mother,
Who lets the
Lord be her
guiding hand,
Whose faith brings
her family courage,
Whose wisdom
comes from God,
And whose children
still stand and
honor her.

Happy Mother's Day to all
of our HFRS mom's.
May God Bless You.

CHRIS STEFANICK



God wants you to experience
the JOY he created you for.
So do we and here's how.

JOIN FR. BRIAN FOR LIVING JOY BOOK STUDY

Every Thursday Evening
In the Gathering Space
Beginning June 15th
7:00 p.m. to 9:00 p.m.

An engaging course with 9 simple rules.

~ Deadline for signing up is May 21st ~
Books will be provided for all who sign up

Scan the QR code or use the url to sign up.



<https://tinyurl.com/FrBrianStudy>

How can we
PRAY
for you
today?

Coming up in our Family of Parishes

- May13-July8, 10:00AM- 12:00PM- **The Sanctuary Course for Catholics**, Mental Health and Faith. St. Mary of the Hills To Register [Click Here](#)
- May 16, 6:00PM - **Holy Hour** St. Andrew Chapel
- May 20, 10:30AM **Blessing of the Bicycles and Keys**. St. Andrew Bell Tower
- May 23, 7:15PM- **Mass of Hope**. St. Andrew Church

Did you know that the HFRS website has a prayer button where families can submit prayer intentions? These intentions are brought to the Altar during our School Mass so that they can be prayed over. To submit an intention [Click Here](#) We would love to pray with you.

Catholic Trivia

Did you know.... It is widely believed that in 1214 St. Dominic had a vision of Mary. She is said to have presented him with the rosary, both the beads and the prayers to be prayed.

Counselor's Corner

May is Mental Health Month

At some point, we all need to take time to manage our mental health, it is an essential part of maintaining a healthy lifestyle. Mental health exercises only take a few minutes to help us stay focused throughout our day.

1. Take a Deep Breaths

Deep breathing is an easy and effective route to decrease stress levels. When feeling overwhelmed sit down and take a few deep breaths. Breath in until you can feel your diaphragm inflate and then slowly release your breath. You can focus on breathing by slowly counting to five or ten while you take a breath in, and then counting to five or ten while you exhale.

2. Meditate

Meditation is not necessarily a time-consuming exercise, but it has a wealth of benefits for your mental health. When you have limited time and you want to clear your mind, take a few minutes to meditate. You can also use an app for meditation. You want to allow your mind to feel relaxed and calm.

3. Engage with Others

It is not always possible to socialize at work, but you do want to take a few minutes to engage with others throughout your day. Social interaction is a key part of your mental health. Since humans are naturally social, you do not want to pull away from others when focusing on a project or working on a task.

4. Listen to Music

Music is a powerful way to instantly improve your mood and mindset. Put on a favorite upbeat song or listen to relaxing classical music when you start to feel a bit overwhelmed or stressed. You can put music onto a phone for access at any time and listen to a few songs as needed.

5. Take a Moment to Laugh

Laughter is a great way to boost your mood. When you laugh or smile, it makes you feel happy and energetic. Even when you fake a smile or laugh, it has a positive impact on your mood and mindset. When you laugh, it reduces your stress levels and makes you feel optimistic and positive.

6. Make Your Goals Realistic

Setting a goal gives you a focal point, but it can also cause stress when it is not possible to complete. Focus on setting realistic goals that give you enough time to accomplish. Preferably, you want a clear route that has a timeline you can finish, but not so much time that it allows you to delay the process.

Monique McMurtry
School Counselor

Golf Outing Thank You!



HOLY FAMILY REGIONAL SCHOOL

30th Annual Golf Outing
May 8, 2023
Great Oaks Country Club

Thank You to All
Our Players, Sponsors, and
Volunteers
Who Supported
Our Annual Golf Outing

It was a wonderful day and fun was had by all!

Jesus Christ is the Reason for our School

PTG Connection

Connecting Parents, Teachers and Students



Quick Links

[About Us](#)
[Volunteer](#)
[Events](#)
[Contact Us](#)

Dear Teachers...

You are appreciated! Hope this week gave you all the feels. Now here's all the NEWS!

Event Chairpersons Wanted

Love event planning? We need YOU!

We have over 30 event committees at HFRS. [Sign up here](#) to add to one and help plan a fabulous event! We know some of you were BORN to do this.

Interested in joining the PTG Board? Spots periodically become available. [Contact us for more info!](#)

PTG Co-Chair Orientation

5/31 - 5 pm - North Campus

In this issue...

1

CHAIRPERSONS WANTED

2

MOTHERS' DINNER

3

FINE ARTS

4

FIELD DAY

5

STAFF APPRECIATION

6

SCHOOL SUPPLIES

7

RAISE RIGHT

Mothers' Dinner

Thursday May 11th - Palazzo Grande

"Essence of Spring" is tonight! *So let your hair down, moms...it's not a school night.* Don't forget to bring **cash** for the raffles/wine pull and jewelry sale (*see flyer*).

6 PM Champagne

7 PM Dinner

8:30 PM Fashion Show

Fine Arts

North Campus - Monday, May 22nd

South Campus - Wednesday, May 24th

Two fabulous nights of art, music, and MORE! Enjoy a strolling art work display and vocal concert at North Campus. Then head to South Campus to hear the spring band concert, view grade work on display and participate in an "Impressionism Art" scavenger hunt. Use the links below to donate refreshments.

[North Campus Donations](#)

[South Campus Donations](#)

Field Day

North Campus - Monday, Jun 5th

South Campus - Tuesday, Jun 6th

Tomorrow is the last day volunteers can order T-shirts. [Use this link.](#) Some volunteer spots are still available:

[Volunteer for North Campus](#)

[Volunteer for South Campus](#)

We are seeking donations of water, Gatorade, snacks and other items. Let's keep our kids hydrated and energized! [Click to donate.](#)

PTG Executive Board

Presidents:

Lauren Kochenderfer

Kristen Baradihi

Vice Presidents:

Jamie Corsetti

Christina Scollin

Secretary:

Christina Matway

Treasurer:

Julie Gagliardi

Staff Appreciation

We're closing the year with a sunny outlook, sure to bring warmth and smiles to our amazing staff. [Click here to view flyer.](#)

School Supplies

2023-2024

It's never too early to start planning for next school year (*said no one ever*). However, the same people said that buying school supplies on their own is a pain. [So order your supplies here!](#)

The full school supply requirement list, by grade, [can be found here.](#)

Order deadline is July 10th. Order by June 2nd for discounted pricing and the option to customize your kit and ship it to school for free.

Raise Right

Order physical gift cards by May 16th for delivery by May 19th. Contact [Christie Goldsmith](#) for the HFRS enrollment code.

"Teamwork makes the DREAM work."

Blessed Jewelry



**We Are So Excited to Be Offering
These Gorgeous Pieces that have been
Blessed by Father Stan.**

Limited Quantity \$25-\$35

**SUCH A SPECIAL TOKEN... TO CHERISH
THE 40TH MOTHERS' DINNER ♥
AND MAKES "THE PERFECT GIFT"**

Offered exclusively at

The Holy Family Regional School

Mother's Dinner & Fashion Show Event

CASH ONLY FOR PURCHASE

May 11, 2023

Palazzo Grande





HFRS North Campus Presents:
Fine Arts Evening



“Walking in the Footsteps of Jesus During Spring”

Join us for a Music Concert at St. Andrew Church
followed by a strolling Student Art Work display in the
North Campus hallways

Monday, May 22, 2023

6:00 - 7:00 pm

*students must be in their classrooms at 5:45pm

Please RSVP using this link
whether your student is attending or not.

<https://tinyurl.com/easpw4uf>



Hope

Faith

Love

For more information please contact the co-chairs:
Capri Hiovich - hiovichcp@gmail.com
Michelle Staton - mitch1@live.com

Holy Family Regional School Presents

ART & MUSIC EVENING



5.24.23 | 6-7:30PM
South Campus

FEATURING AN EVENING FILLED WITH FUN!

BAND PERFORMANCES, STUDENT
ARTWORK, ART ACTIVITIES INCLUDING A
"IMPRESSIONIST ART" SCAVENGER HUNT
*PARTICIPATE FOR THE CHANCE TO WIN A

PRIZE!

STOP BY THE ART ROOM TO MAKE A CRAFT
TO TAKE HOME. THEN LEAVE AN
IMPRESSION ON THE "COMMUNITY
CURTAIN" LIGHT REFRESHMENTS WILL BE
PROVIDED. ALL HFRS FAMILIES ARE
WELCOME!

ITS GOING TO BE
AWESOME!
NOW GET IN YOUR
VAN AND LETS GOGH!



Please contact Capri Hiovoch at hiovochcp@gmail.com with questions.



HOLY FAMILY REGIONAL SCHOOL



wildcat games 2023



KONA ICE

WILDCAT CONCESSIONS

DJ ENTERTAINMENT

RELAY RACES



INFLATABLES

POTATO SACK RACES

OBSTACLE COURSES

TUG OF WAR & MORE!!

NORTH CAMPUS

JUNE 5TH



SOUTH CAMPUS

JUNE 6TH

WILDCAT GAMES

VOLUNTEER STORE



STORE IS OPEN UNTIL THE 12th of MAY TO COLLECT ORDERS
ORDERS WILL BE SHIPPED TO THE SCHOOL TO BE DISTRIBUTED.

<https://stores.inksoft.com/wildcatgamesvolunteer23/shop/home>



SCHOOL SUPPLY KIT SALE

Holy Family Regional School supply kits will be available (online) at the discounted price until **June 2nd**.

Order from The Write Stuff and choose to have your kit delivered directly to school. How convenient!

Easy Ordering Instructions:

- 1) Go to www.write-stuff.com/storefront/school/hfrs
- 2) Select grade level.
- 3) Enter student's name.
- 4) Review kit contents; make modifications if desired.
- 5) Follow prompts to check out or continue shopping.



There is no cost to have your kits shipped to school during the sale dates. If you order after June 2nd, or have the kits shipped somewhere else, standard shipping charges will apply.

If you have any questions, please contact
Marcy Ferro at marcy81049@gmail.com.



PLEASE NOTE: YOUR SCHOOL IS RECEIVING DISCOUNTED PRICING DURING THE SALE DATES ONLY. AFTER 6/2, REGULAR PRICING/SHIPPING RATES WILL APPLY, AND EDITING WILL NO LONGER BE AVAILABLE. THE LAST DAY TO ORDER KITS IS 7/10. SUPPLY KITS ARE CUSTOM ORDERS. CAREFULLY READ THROUGH THE ORDER TERMS AT CHECKOUT.

Email: contact@write.stuff.com • Web Site: www.write-stuff.com

Quality Service + Quality Products = Quality Time



Athletics News



Lacrosse

Saturday, May 13th

11:30AM: JV vs. St. Hugo @ NDP

1:00PM: Varsity vs. St. Hugo @ NDP

Monday, May 15th

CYO Semi-Finals

Wednesday, May 17th

CYO Championships

Track

Saturday, May 13th

4:00PM: CYO Championship Meet @
Divine Child

Track Volunteer

Needs - Sign Up [HERE](#)

Lacrosse Volunteer

Needs - Sign Up [HERE](#)

2023-2024 SPORTS PHYSICALS

Schedule your sports physical for the 2023-2024 school year **NOW**. Physicals must be dated on or after April 15, 2023. The Athletic Department must have your child's physical on file before they can participate in any sport during the 2023-2024 school year.

You may drop off a copy of your child's physical to the front office OR email a PDF or other printable format to: morphew.melissa@holyfam.org

Link to the MHSAA Physical Form: [HERE](#)



Athletics News



2023 Fall Sports Registration:

*****LAST CHANCE TO REGISTER BEFORE OUR LATE REGISTRATION
BEGINS WITH A \$75 FEE!*****

Fall 2023 sports registration **will remain open until Sunday, May 14th at 11:59pm. Use
the link below to sign up ...**

We are offering:

- Football Camp: boys grades 4-8**

****Please note, in order to guarantee your child's attendance and a camp t-shirt and shorts,
you must register for this camp with your Fall sport registration.****

- Football: boys for grades 4-8
- Cross Country: boys and girls for grades 4-8
- Volleyball: girls for grades 5-8
- Soccer: girls and boys for grades 5-8
- Sideline Cheer: girls for grades 4-8

****A \$75 late registration fee will be applied for those registering between Monday,
May 15th - Sunday, May 21st. Be sure to sign up before close of day Monday, May
15th to avoid this fee.****

Link to Register NOW: [FALL SPORTS REGISTRATION](#)

Fall Sports Spirit Wear Stores

Football: [My Team Shop \(bsnteamsports.com\)](https://bsnteamsports.com)

Cross Country: [My Team Shop \(bsnteamsports.com\)](https://bsnteamsports.com)

Volleyball: [My Team Shop \(bsnteamsports.com\)](https://bsnteamsports.com)

Soccer: [My Team Shop \(bsnteamsports.com\)](https://bsnteamsports.com)

Sideline Cheer: [My Team Shop \(bsnteamsports.com\)](https://bsnteamsports.com)

****Open through Monday, May 15th****



Summer Sports Camps

As summer approaches, many sports will not be in season and you may find your child not as active. We have a solution - summer sports camps! There are many advantages of summer sports camps which include physical and mental benefits for children of all ages. Summer sports camps help give kids the tools to develop and succeed not only physically, but also mentally and socially as they grow. There are several sports summer camps in our area that we would like to encourage your child to consider signing up for.

Click on each link for availability and to register:

[Brother Rice Summer Sports Camps](#)

[De La Salle Summer Sports Camps](#)

[Lutheran Northwest Summer Sports Camps](#)

[Marian Summer Sports Camps](#)

[Notre Dame Prep Summer Sports Camps](#)

[Orchard Lake St. Mary's Summer Sports Camps](#)

[Regina Summer Sports Camps](#)

[Rochester Community Schools Summer Sports Camps](#)

[U of D Summer Sports Camps](#)



HOLY FAMILY REGIONAL SCHOOL

JESUS CHRIST IS THE REASON FOR OUR SCHOOL



HFRS Robotics

Programs focused on mechanics, programming and engineering for Grades 4-8

Registration information in the Weekly Wrap
Contact Mrs. Hayward for more details.

Programs include

- Grades 4-5: FIRST LEGO League
- Grades 6-8: FIRST Tech Challenge

FIRST is a program focused on enriching minds and providing skills in engineering and programming.

The FIRST LEGO League is a program focused on building a foundation in problem solving and teamwork by forming teams and using LEGO components to solve real-world problems.

The FIRST Tech Challenge is a high-level program in which a team makes a robot, programs, and uses the skills that they have gained in a competition with other students in the program.



Student Name _____

Grade in 2023-2024 _____

First Lego League/ First Technical Challenge Registration Form

- ☐ FIRST Lego League: **Grades 4, 5** Teams will be assigned in May of the current school year **only** if we have volunteer team coaches. Maximum 8 students on a team. **The last day for team registration is May 19th, 2023.** Your coach will have the option of meeting during the summer months. Program officially runs from September through November, with the state competition shortly thereafter. (Additional costs for competitions) **Fee is \$125.00.** Additional fees may apply if a team qualifies for state.
- ☐ FIRST Technical Challenge: **Grades 6,7,8** Teams will be assigned in May **only** if we have volunteer team coaches. Maximum 15 students on a team. **The last day for team registration is May 19th, 2023.** Program officially runs from September – December. **Fee is \$125.00.** Additional fees (hotel, food, transportation) may apply if they qualify for state competition.

****If you volunteer as a new team coach, your child will automatically be placed on your team. All other new team members will be selected by a lottery. If there are openings on an existing team, the spot will be filled by lottery by June 7th, 2023.**

Lego registration fee will be billed on your school account. No checks or cash.

Parents, we need your help to make these programs possible!
Please consider coaching or assisting and circle your choice below:
Training/Mentoring is available

First Lego League Coach

**First Technical Challenge
Coach**

Helper as needed

Parent Name: _____ Phone: _____ Email: _____

I have received and understand the criteria for admission to the Robotics program

Student Signature

Parent Signature

RETURN this form to Mrs. Hayward in the Library by Friday, May 19th



Dear HFRS Families,

St. Mary of the Hills invites you to help our brothers and sisters in the city of Pontiac by contributing to our annual toiletry drive for the Catholic Community Response Team.

Each year, the Catholic Community Response Team serves over 2000 people, processes over 400 utility payments for low income consumers and assists over 300 families with housing. In addition, CCRT provides food, clothing, and toiletries to those people in need. Typical clients include homeless and low income people and individuals just released from prison (this is their first stop).

Please consider a donation from the list below. The week of May 15-19 there will be a collection box at both North Campus and South Campus. Please direct any questions to Benham.carol@comcast.net.

- Soap/Body wash
- Shampoo and conditioner
- Deodorant
- Toothpaste and toothbrushes
- Razor and shaving cream
- Toilet paper
- Dish Soap
- Laundry detergent-small
- Paper towel
- Monetary donation
- Bikes and furniture
- (no mouth wash or glass items)

Thank you for your generosity!



“as long as you did it for one of these, the least of my brethren, you did it for me.”

Matthew 25:40



Toiletry Drive MAY 15-19

CATHOLIC COMMUNITY RESPONSE TEAM

Collection Box at School

Questions? Curt 248-613-5235
Carol 248-884-3276

Soap/body wash

Shampoo

Conditioner

Deodorant

Toothbrush

Toothpaste

Razor

Shaving Cream

Toilet paper

Paper towel

Dish Soap

Laundry Detergent

Furniture and bikes

Monetary donation

**(no mouth wash or
glass items)**

Full size preferred

“as long as you did it for one
of these, the least of my
brethren, you did it for me.”

Matthew 25:40



SCAN QR CODE TO SIGN UP

STUDENT/PARENT MENTAL WELLNESS EVENT

FOCUS FOR GRADES 6-9 WITH
AN ADULT SUPPORT PERSON

- Guest speaker, Cyril Davis (RN Lakes Depression Center)
- Pizza and Salad
- Free Gifts
- Fun, Self-Paced Stations

Location: St. Mary of the Hills Catholic Church

20 MAY
2:30-4:00 PM

