



Friday, September 15, 2023

Issue 5

HFRS Weekly Wrap

Dear Parents,

It's hard to believe we have celebrated our All School Mass, and we head into another beautiful weekend. Raffle tickets were due today. If you have not returned them, please bring them to the office **Tuesday** morning. Thank you to those who have returned their tickets AND have removed all staples —so helpful!

Our Fall Festival is next weekend at South campus. If we sell 800 tickets, then we will have a non-uniform day on Wednesday September 20th. The wrist bands cover bounce houses, games, and prizes. It's a great way to spend the day with your Holy Family, family.

This week students' completed their initial Friendly assessments. We, like you, recognize the significance of providing [life skills](#) to students as it directly correlates to success and happiness later in life. Click on the life skills link for an overview of what Friendly is and the positive impact it can have on our students and our community. I've added a section to the Wrap for Friendly information to be shared each week moving forward.

This weekend we celebrate Catechetical Sunday, which is followed by Archbishop Vigneron's Catechetical day on Monday. We would like to honor our staff this weekend. Each person who works at Holy Family Regional School is considered a catechist. They bring Jesus to life each day for our children, and they are witnesses of faith, courage, and discipleship. Thank you for your Yes to Catholic education!

Our staff will gather Monday to continue our training from Ruah Wood's, which we began last year. Once we have completed this, we will meet our Friendly Facilitator. I am happy to share we have brought Anne McClain, our former school counselor, back to facilitate the implementation of this program with us. We are blessed to have her, along with our two school counselors, help us provide important support to our community.

I pray you have a wonderful weekend with your family. We look forward to welcoming everyone back to school Tuesday.

Your disciple in Christ,

Mrs. Bridget Hondzinski

Looking Ahead:

Monday, September 18th

No School for Students—Professional Development

Thursday, September 21

9:00 Mass (Gr. 4-8) at St. Mary of the Hills

Friday, September 22

9:00 Mass (Gr. Y5—3) at St. Andrew

Saturday, September 23

12pm—6pm Fall Festival at South Campus



SOCIAL · EMOTIONAL & CHARACTER DEVELOPMENT FAST FACTS

www.friendzy.co ✉ support@friendzy.co [f](#) [i](#) [@friendzy.co](#)

5 core
competencies
make up
**social
emotional
character
development.**

- 01** Self-Awareness
- 02** Self-Management
- 03** Responsible Decision-Making
- 04** Social Awareness
- 05** Relationship Skills

The **Friendzy**
Units are rooted in
these five core
competencies and
corresponding skills.

9 out of 10
teachers believe
social and
emotional skills
can be taught,
benefiting
students.¹

4 in 5

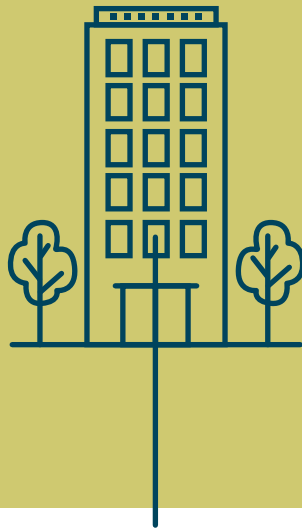
teachers want more
support to address
students' social and
emotional development.¹

75%

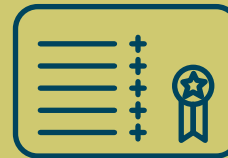
of the words
students use
to describe
how they feel
at school are
negative.
Common
words are
tired, stressed,
and bored.²

Integrating social
and emotional
development
improves
students' attitudes
and engagement.³

Growth in occupations that require the mastery of social and emotional skills has **outpaced growth** of all other occupations.⁴

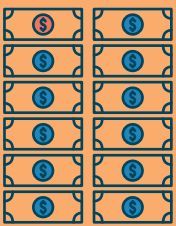


8 in 10 employers say social and emotional skills are the most important to success and yet are also the hardest skills to find.⁵



Social and emotional competency is at least as predictive of academic and career achievement as is IQ.⁶

Supporting students' social and emotional development produces an **11% point gain** in grades and test scores.³



Integrating social and emotional development with academic learning **returns \$11 for every \$1 invested.**⁹

Attention to social and emotional development is not only valuable in early childhood, but also is crucial for **improving achievement and outcomes beyond school.**⁸

Decreases dropout rates, school and classroom behavior issues, drug use, teen pregnancy, mental health problems, and criminal behavior.¹⁰



Social and emotional skills help to **build cognitive skills.** They help students learn academic content and apply their knowledge.⁷

Increases high school graduation rates, postsecondary enrollment and completion, employment rates, and average wages.¹⁰



>>> SOURCES <<<

1 Bridgeland, J., Bruce, M., & Hariharan, A. (2013). The missing piece: A national teacher survey on how social and emotional learning can empower children and transform schools. A report for CASEL. Washington, DC: Civic Enterprises.

2 Brackett, M. A. (2015). *The emotion revolution*. [PowerPoint slides]. Retrieved from <http://ei.yale.edu/what-we-do/emotion-revolution>.

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4 Deming, D. J. (2015). The growing importance of social skills in the labor market (NBER Working Paper No. 21473). Cambridge, MA: National Bureau of Economic Research.

5 Cunningham, W., & Villaseñor, P. (2016). Employer voices, employer demands, and implications for public skills: Development policy connecting the labor and education sectors. Washington, DC: World Bank Group.

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Duckworth, A. L., Peterson, C., Matthews, M. D., & Kelly, D. R.

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7 Cunha, F., & Heckman, J. J. (2008). Formulating, identifying, and estimating the technology of cognitive and noncognitive skill formation. *Journal of Human Resources*, 43(4), 783-782.

Cooper, C. L., Goswami, U., & Sahakian, B. J. (2009). *Mental capital and wellbeing*. Hoboken, NJ: John Wiley & Sons.

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10 Kautz, Heckman, Diris, Bas ter Weel, & Borghans. (2014). *Fostering and measuring skills: Improving cognitive and non-cognitive skills to promote lifetime success*. Paris, France: Organization for Economic Cooperation and Development.

Campus Ministry

Forgiveness



This week's Gospel on forgiveness should really strike our hearts. A servant who owed his master a large debt was forgiven, after the servant pleaded with the master. The servant on the other hand, when asked by someone in his life to be forgiven a smaller debt, treated the person badly and did not forgive...the consequence...the master took back his promise and made the servant work for the debt forgiveness.

How do you see this playing out in your life...certainly we may recognize the master as our Father in Heaven...if we ask for forgiveness, He will have mercy upon us and forgive us and give us grace. However, if we do not forgive others, will God forgive us? Why would He, why should He? I think Jesus is telling us in this Gospel that we will not be forgiven if we do not forgive. We have been told that if we ask the Father to forgive us, there is nothing we can do, that we would deny us forgiveness...except when we do not forgive.

What is the gift of forgiveness to you? What does your mercy and forgiveness mean to others in your life? This is something to examine in your own life and something to help your children learn and practice. First to recognize our sins and go to the Father and ask, then accept forgiveness.

When someone comes to you and asks to be forgiven ... if it is hard, pray for the Holy Spirit to be with you, to give you strength and courage. Ask the Spirit to give you the words and actions to grant the person mercy and forgiveness. May God continue to bless you, and may you clearly see all that He is doing in your life!

Peace in Christ, Kim Myers, *Kimberly Myers*, HFRS Director of Campus Ministry

Medics Needed

We need Medical Personnel to help volunteer at our School Masses. If you are available (even for one of our Masses) and would like to help, please contact Campus Ministry Assistant, *Christina Scollin* at Scollin.christina@holyfam.org

3rd Grade Altar Server Training

Please know the Altar Server Training on Monday 9/18 is for St. Andrew parishioners only, who will serve at the weekend Masses as well. It will be run by Worship Director *Nikki Zakrzewski*.

Tour of the Relics of St. Jude



From September 2023 to May 2024, the arm of Saint Jude Thaddeus, venerated in Rome from ancient times, will be on pilgrimage in the United States, making stops in 100 cities. Come and experience his transformative presence. Come and receive what he desires to give you.

The Relic of St. Jude will be on Tour in the Archdiocese of Detroit from Friday, October 13 - Tuesday, October 17.

- **Friday, October 13:**
National Shrine of the Little
Flower Basilica, Royal Oak
- **Saturday, October 14:**
Immaculate Conception,
Lapeer
- **Sunday, October 15: St.
Andrew, Rochester**
- **Monday, October 16:**
Cathedral of the Most
Blessed Sacrament, Detroit
- **Tuesday, October 17:**
Divine Child, Dearborn

KEEPING OUR PROMISE TO PROTECT

Child and Youth Protection



Protecting God's Children Workshops (For all who have not attended)

Online Option (Register at virtus.org as First Time Registrant)

- September 20 at 5:30 p.m.
- September 27 at 5:30 p.m.

In-person:

- September 22 at 1:00 p.m. - Sacred Heart Major Seminary, Detroit

As the AOD Office of Child and Youth Protection will rely on the Virtus platform for their communication needs, all users should ensure their account information in the Virtus platform is accurate. Individuals can update their information by logging into their accounts at virtus.org.

For updates from Msgr. Bugarin regarding [AOD Safe Environment Training At a Glance](#), click the link for training specifics.

Recertification Process

As the AOD Office of Child and Youth Protection will rely on the Virtus platform for their communication needs, all users should ensure their account information in the Virtus platform is accurate. Individuals can update their information by logging into their accounts at virtus.org

Should you have any questions, please contact the Office of Child and Youth Protection at protectchildren@aod.org or 313-237-5826.

PTG Connection

Connecting Parents, Teachers and Students



Quick Links

[About Us](#)
[Volunteer](#)
[Events](#)
[Contact Us](#)

Next PTG Membership Meeting

10/10 - 9:15 am - North Campus

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Let's get ready for FALL!

Changing leaves, pumpkin spice, and our annual events to kick off the season. Sip your lattes and read on...

Fall Festival

Sat, Sept 23rd

Everyone *and their mascot* is talking about Fall Fest. Face painting, bounce houses, dessert trucks, live fish...*of course they are*. Don't be left out. [Order your wristbands*](#) by this Tuesday, Sept. 19th to help us reach our goal of 800 wristbands sold. *What's in for you?* A non-uniform day! We can do this.

Volunteers are still needed for the afternoon.

[Sign up here to work the festival.](#)

*Wristbands are required for entry.

Fall Flower Sale

Pick up Sept 25th

The fall flower sale is now closed. Pick up is September 25th, near the bell tower at St. Andrew. Volunteers are needed to sort and distribute pots. [Sign-up here!](#)

Trunk or Treat

Fri, Oct 20th

Lookin for something FANGtastic to do next month? The HFRS Trunk or Treat has you covered. Watch for the flyer with all the deets, coming next week...

Martial Arts

October 5th-26th

The Fifth Circle martial arts program at HFRS is now full. Class kick off October 5th...so *start waxing the car.*

Event Dates!

Looking for them? Head to our [PTG Events page](#) and start marking your calendars.
Pro Tip: This link can always be found on the top right column of this newsletter.

*Dates are tentative and subject to change.

PTG Executive Board

Presidents:

Lauren Kochenderfer

Kristen Baradihi

Vice Presidents:

Christina Scollin

Chelsea George

Secretary:

Christina Matway

Treasurer:

Dena Premo

Join the PTG Board!

Our PTG Executive Board is looking for a Vice President and Secretary to join our team. Ideal candidates are assertive, organized and have strong leadership skills. *Sound like you?* [Contact us](#) to request an application, but hurry - the last day to submit is this **Sunday, Sept 17th.**

Retail Fundraisers

[Box Tops](#), [Busch's](#), [Kroger](#), [RaiseRight](#), [Toyology](#)
All year, we participate in retail fundraisers that benefit HFRS. These are easy ways to contribute. By simply continuing to shop as normal, but attaching a link or scanning the top of a box. Click on the links above for more info!
Want to get involved? We are currently looking for 2 co-chairs to run these programs.

"Teamwork makes the DREAM work."



HOLY FAMILY REGIONAL SCHOOL'S

FALL FESTIVAL



Saturday, September 23

12:00 PM - 6:00 PM

SOUTH CAMPUS

2633 JOHN R RD - ROCHESTER HILLS, MI 48307

WRISTBAND INCLUDES ALL ACTIVITIES!

\$18 PRESALE (UNTIL SEPT. 19) / \$20 AT DOOR

(Wristbands required for entry. Ages 2 & under are free.)

CARNIVAL GAMES - PRIZES - FACEPAINTING

LIVE MUSIC - DONUT EATING CONTEST

ENTERTAINMENT - BALLOON TWISTERS & MORE!

BRING CASH FOR FOOD / DESSERT TRUCKS / BEER TENT

BUY WRISTBANDS HERE

VOLUNTEER SIGN-UP HERE

[Questions? susanleroy9@gmail.com](mailto:susanleroy9@gmail.com)



HOLY FAMILY
REGIONAL SCHOOL





IT'S GAME TIME



WILDCATS VS. EVERYONE

ATHLETIC EVENTS FOR THE WEEK

SOCCER

FRIDAY, SEPTEMBER 15th

GV vs. St. Mary MC - 6:00pm @ HOME

SATURDAY, SEPTEMBER 16th

GJV vs. Everest - 10:00am @ HOME

GV vs. Everest - 11:15am @ HOME

BJV vs. Everest - 12:30pm @ HOME

BV vs. Everest - 1:45pm @ HOME

TUESDAY, SEPTEMBER 19th

GJV vs. St. Hugo #2 - 5:00pm @ HOME

GV vs. Everest - 6:15pm @ HOME

WEDNESDAY, SEPTEMBER 20th

BJV vs. St. Patrick WL - 5:00pm @ HOME

BV vs. St. Patrick WL - 6:15pm @ HOME

CROSS

COUNTRY

SATURDAY, SEPTEMBER 16th

Old Skool Classic @ Wolcott Mill

10:00am Start

WEDNESDAY, SEPTEMBER 20th

@ Camp Agawam 6:00pm Start

FOOTBALL

SATURDAY, SEPTEMBER 16th

7th: 9:00am @ U of D Jesuit 7/8

4th: 11:00am @ St. Regis 4th

5th: 11:00am @ St. Hugo 5/6

6th: 1:00pm @ St. Regis 5/6

8th: 3:00pm @ St. Regis 7/8

VOLLEYBALL

SATURDAY, SEPTEMBER 16th

V1 vs. Holy Name #1 - 3:00pm @ HOME

V2 vs. Holy Name #2 - 1:00pm @ HOME

JV1 vs. Holy Name #1 - 12:00pm @ HOME

JV2 vs. St. Hugo #2 - 10:00am @ HOME

TUESDAY, SEPTEMBER 19th

JV1 @ St. Regis #1 - 5:00pm

JV2 @ St. Regis #2 - 6:00pm

TUESDAY, SEPTEMBER 20th

JV3 @ ND Marist #2 - 6:15pm

TUESDAY, SEPTEMBER 21ST

V2 @ St. Regis #2 - 6:00pm

V1 @ St. Regis #1 - 7:00pm

GO WILDCATS!!





IT'S GAME TIME



WILDCATS VS. EVERYONE

ATHLETIC EVENTS FOR THE WEEK

WINTER SPORTS REGISTRATION

September 16th - September 30th
Late Period: October 1st - October
6th *Fee Incurred*

Offering:
Basketball, Bowling & Cheer

2022/23 Winter Sports Registration

BASKETBALL ASSESSMENTS:

5/6 Boys & Girls:
Monday, 11/6 & Tuesday, 11/7

7/8 Boys & Girls: Wednesday, 11/8,
Thursday, 11/9 & Friday, 11/10

***Times TBA**

***If the athlete is unable to attend**
assessment days they will be placed
on a team with open slots. No refunds
if you do not like team placement.

WINTER SPORTS SPIRIT WEAR:

Basketball: [My Team Shop \(bsnteamssports.com\)](https://bsnteamssports.com)

Bowling: [My Team Shop \(bsnteamssports.com\)](https://bsnteamssports.com)

Cheer: [My Team Shop \(bsnteamssports.com\)](https://bsnteamssports.com)

These shops will remain open through September 25th and there will be NO
late ordering period.



Join Us for Mercy



MIDDLE SCHOOL FAMILY NIGHT

Wednesday, September 20



6:00pm Varsity Swim Meet



6:30pm Varsity Volleyball



7:00pm Spirit Week Bonfire

Free admission. Wear your school shirt and receive a Mercy gift! Please check-in upon entry.