

HOLY FAMILY REGIONAL SCHOOL

JESUS CHRIST IS THE REASON FOR OUR SCHOOL

Friday, March 3, 2022

Issue 24

HFRS Weekly Wrap

Dear Parents,

As we begin the Lenten journey we reflect on the three elements most associated with Lent: prayer, fasting and almsgiving.

Prayer is found in the faithfulness of every Catholic and of every person who believes in Christ. In the weakness and frailty of our lives, we can turn to God with the confidence of children and enter into communion with him. Lent is a time of prayer, a more intense prayer, and a more intentional prayer. As we take time to pray during Lent, offer a special prayer for the children of our school and the children of our world, that they may be touched by the tenderness of God's loving embrace.

Secondly, we reflect on fasting. We must be careful not to "give up" something, simply because it makes us feel good about ourselves. Fasting can actually be viewed as eliminating old habits and replacing with new actions that offer a benefit to others. Perhaps, it is cultivating the style of the Good Samaritan, who bends down to his brother in need to take care of him. Fasting involves choosing a sober lifestyle— a way of life that does not waste, a way of life that does not "throw away". Fasting helps us to attune our hearts to essential and to sharing. It is a sign of awareness and responsibility in the face of injustice, especially to the poor and the vulnerable, and it is a sign of the trust we place in God and in God's providence.

The third element of the Lenten journey is almsgiving: it points to giving freely. In almsgiving, we give to others without expecting to receive anything in return. Gratuitousness should be one of the characteristics that we embrace. Today, gratuitousness is often not part of daily life. Almsgiving helps us to experience giving freely, which leads to freedom from the obsession of possession. Lent provides the perfect opportunity to discuss gratitude with our children, and recognize how we can assist and provide for others.

This Week's Happenings:

- We have completed the re-enrollment process for the 2022-2023 school year, and are now beginning to screen applicants for the upcoming school year. We have over 180 new applicants which is very exciting. We will be looking for current families who are willing to partner with our new families to offer guidance and friendship as we welcome the new members to our school community. More information about this will be forthcoming.

Let us continue to pray for the people of Ukraine and world peace.

Wishing you many blessings,


Mr. Jon Myers
Principal

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Looking Ahead:

Monday, March 7

Reconciliation for Grades 4-8

6:00pm School Board Meeting in the MPR (SC)

Tuesday, March 8

Reconciliation for Grade 3

9:15am PTG Meeting in MPR (SC)

Wednesday, March 9

Family Dinner Night at Kruse and Muer

7:00pm HFRS Lenten Rosary on Zoom- <https://us02web.zoom.us/j/87306836720>

Thursday, March 10

9:00am School Mass (4-8) at St. Mary of the Hills

5:00pm South Campus Open House and Ice Cream Social

Tuesday, March 11

9:00am School Mass (Y5-3) at St. Andrew Church

Announcements:

Boys Haircuts: The School Handbook has been updated with guidance for boy's hair length.

Hair is to be well-groomed and length may not exceed the collar or cover eyes.

Please make sure that hair length is addressed to reflect this policy. Thank you.

April Hot Lunch Ordering:

Opens March 1 at 8:00 AM and closes March 7 at NOON.

Fourth Grade has a field trip April 26 and 27; look for details in Hot Lunch emails.

No Late Orders Will Be Accepted.

HOLY FAMILY REGIONAL SCHOOL

A BIG THANK YOU

to all the sponsors, donors,
parents, teachers, and staff
for making this year's
Benefit Evening a tremendous success!

Holy Family is truly blessed
by all the love and support
from our community!

To continue to view the *Benefit Evening Program*,
please click [HERE](#) to see the many people
that helped make this event possible.

DEDICATED GIVING

Security and Critical Response

Providing the safest environment for your children!

To donate, please click [HERE](#)

- For every \$10,000 donated = 1 free dress day -
We already have 1 week lets make it 2 weeks!



Parents, Grandparents, Teachers, Leaders

Save the Date!



Sunday, March 6th Dr. Tim Hogan is coming to St. Irenaeus!

Dr. Hogan is a Catholic psychologist; works in private practice in Plymouth; teaches at Sacred Heart Major Seminary; is co-author of *"How to Find the Help You Need,"* a guide to psychotherapy and spiritual direction; and recently published the book, *"The Gift of Cultural Hurricanes: Tools to Rebuild Authentic Spirituality."*

Excerpts from his new book:

"Today we are living through a cultural hurricane that is transforming the landscape of human connection. We can define a cultural hurricane as a major cultural shift that significantly transforms the way in which human beings make and maintain connections. Our cultural hurricane today is a massive force of technological changes due to smartphone devices and social media. Today's cultural hurricane is significantly impacting our physiology, relationships, and spirituality."

"As a parent, teacher, or leader, you have an historically unprecedented opportunity to recover from the rapid winds of this cultural hurricane. You can restore positive meaning to broken connections. And you can reclaim your capacity for an authentic Christ-centered faith. Each of us can reawaken to God's presence and reconnect with one another in vibrant, faith-filled communities."

In this age of digital media, isolation, depression and mental health issues, Dr. Hogan's presentation will help us to understand and positively engage today's digitally transformed culture, while keeping our children and teens anchored in positive relationships and spirituality. Join us for practical tips, tools, and answers! **Call St. Mary of the Hills for Registration!**



LENT



We have entered the holiest time in our faith. The season of Lent began this week on Ash Wednesday, March 2nd. It is a reflective time of conversion and is meant to prepare us for the glorious celebration of Jesus' Resurrection which we celebrate during Easter. Before we can get to that celebration of renewed life we must reflect on our life and make changes to be ready to welcome the Risen Christ at Easter. Our Church asks us to slow down, take time to reflect, fast, increase our prayer time, increase our giving, do *more* good, and abstain from certain things as a sacrifice. This can bring about change.

As a school, we will focus on some of the parables Jesus told us and ponder their meaning. We will continue to build on our theme of *We Believe*.

We are encouraging classes to attend Eucharistic Adoration. Our classes will also focus on guided meditation, and being *still* while listening to Christ. We will talk about alms giving, abstaining from things, fasting, and doing good. We will focus on virtues and how we are already experiencing virtuous living and how we can be more intentional in our actions and reactions. We will also be offering the sacrament of Reconciliation on Monday, March 7th at South Campus and Tuesday, March 8th for our 3rd graders. We also invite you to seek this sacrament of healing and peace at your home parish.

We ask that you help carry these practices into your home during these next forty days. Help your family seek opportunities to do good in a humble and maybe even anonymous way. When you abstain from something, help your family do so in a meaningful way. You can deepen your Lenten experience also by participating more in the Holy Mass, read sacred scripture, join a small sharing group, walk the

Stations of the Cross, and finally truly examine your life and make lasting changes, where needed. Make this season a time to reflect, grow in faith, and be drawn closer to God.

A prayer that we have shared with our children helps us do just that. We find value in doing a daily Examen.

“The ‘Daily Examen’ is a technique of prayerful reflection on the events of the day in order to detect God’s presence and discern His direction for us. The Examen is an ancient practice in the church that can help us see God’s hand at work in our whole experience” (Loyola Press).

This is how it works:

- Find a quiet place to sit
- Close your eyes and tell yourself that God is with you
- Take time to feel God’s presence
- Think about all the *good* things that happened today
 - How did they make you feel?
 - Tell God thank you!
- Take one feature from today and pray about it
- Look forward to the new day God is creating for you tomorrow.

May you and your family discover a more intimate relationship with God this holy season as His disciple, as well as feel the bond we have when we gather together as one Body in Christ.

Peace in Our Lord Jesus Christ, *Kim Myers*, Director of Campus Ministry



Are you currently a Eucharistic Minister?



If so, there is new training!

The AOD says, "As we return to our parish communities after the effects of the pandemic, we are initiating a new formation process for Extraordinary Ministers of Holy Communion. Since the pandemic, we have launched Wave 1 of the Family of Parishes and are in the introductory stage for Wave 2. In addition, the last major commissioning year for Extraordinary Ministers of Holy Communion that we have on record was 2016. These 5-year commissions were completed in 2021. Thus, this is a perfect time to begin anew!

As we unleash the Gospel in southeast Michigan, we are guided by the Holy Spirit to renew the process of formation for our Extraordinary Ministers of Holy Communion (formerly "EME"). To assist our Families of Parishes, we have prepared a formation course that is found on our [Encounter Grow Witness Courses](#). The formation course, [Extraordinary Minister of Holy Communion Formation \(egwdetroit.org\)](#) includes catechesis in the following areas: The Church, the Mystery of the Eucharist, the Role of Sacred Scripture in the Mass, the Liturgy of the Word, the Liturgy of the Eucharist, the role of the Extraordinary Minister of Holy Communion, and the importance of discerning this particular ministry. In addition, the Director of Worship, in collaboration with the Liturgical Ministry Coordinator for each Family of Parishes, will provide an opportunity for every person in the course to practice the procedures used at the celebration of the Mass in each particular parish. The course may be taken individually or as a group."

For more information read more here

[A New Process for the Formation of Extraordinary Ministers of Holy Communion - EGW \(egwdetroit.org\)](#)

**Join Us
Every Friday at 8:25am
at St. Andrew Church**

*Together We Will Pray the Rosary for
Ukraine and World Peace*

"Pray the ROSARY
everyday for world peace
and the end to war."

~ message of OUR LADY of FATIMA ~





World Meeting of Families Ministry Resources

"The theme of the meeting will be Family love: a vocation and a path to holiness. ...whenever it is possible, I would like to invite diocesan communities to plan initiatives based on the theme of the meeting, and to use the symbols being prepared by the Diocese of Rome."

~Pope Francis in the Pope's Video Message for X World Meeting of Families



"I eagerly look forward to joining together with the universal Church to celebrate the 10th World Meeting of Families. May the Holy Spirit bestow on all who attend abundant graces to continue the missionary transformation of the Archdiocese of Detroit by renewing in all families the apostolic boldness to witness a joyful family life rooted in the Gospel."

~Archbishop Allen H. Vigneron



World Meeting of Families 2022

The next World Meeting of Families will take place in Rome, June 22-26, 2022. However, the event in Rome will not take place in the usual format; rather, it will be held for invited guests only – primarily, representatives of episcopal conferences and ecclesial movements. In place of the worldwide public gathering, the Vatican strongly encourages all dioceses, with their local bishops, to celebrate the World Meeting by engaging families in customized, local experiences of formation, prayer, and fellowship. In anticipation of the World Meeting of Families, representatives from the National Association of Catholic Family Life Ministers, or NACFLM, in Region VI created a toolkit to help parishes engage and celebrate the worldwide event. The Archdiocese of Detroit utilized the toolkit to develop the following plan:

Tier 1 - Lenten Family Prayer Challenge

The archdiocese has adapted the Family Prayer Challenge presented in the toolkit for families. After a family signs up, they will receive the content for the challenge. In addition, the Archdiocese will send encouragements and supplemental content to participants throughout Lent. Parish leaders are encouraged to advertise the challenge through all parish communication channels: bulletin, announcement, social media, website, etc. Below you will find links for sign-up, promotion, as well as options to support families throughout the challenge.

✦ Click on this link: utgdetroit.org/lent2022

Tier 2 - Family Small Groups During the Easter Season (more on this later)



Coffee with Campus Ministry

Come chat with

Kim Myers, Director of Campus Ministry,

DATE CHANGE Monday March 21st

(due to Reconciliation on the 7th and
Professional Development Day on the 14th)

and enjoy prayer and coffee

All are Welcome!

When: Monday, March 14th 9am

Where: South Campus MPR

MUST RSVP for the gathering please to

Myers.kimberly@holyfam.org

Virtual (ZOOM) Rosary

Every Wednesday Evening 7pm

Beginning Wednesday, March 9th-April 13th



[Click here to join the Zoom](#)

It will be powerful to pray together once again
using the gift of the Rosary.

If you have never prayed this way, please know we will
share everything with you need on screen.



GOOD LUCK TO HFRS'S DESTINATION IMAGINATION TEAMS AS THEY PRESENT AT THE REGIONAL SHOWCASE THIS WEEKEND



For the first time, Holy Family Regional School will send 2 teams to the Destination Imagination Showcase this weekend. These teams have been working in a creative, team building, problem solving environment to solve a “challenge” that has been presented to them. The solution is 100% the kids’ solution! They’ve created their skits, models and creative items and will be presenting their solution this weekend. We are incredibly proud of these participants and wish them luck in their showcase!

Destination Imagination helps teach:



Self-Confidence



Creative & Critical Thinking



Team Building



Problem Solving



Risk Taking



Project Management



Perseverance

PTG Connection

Connecting Parents, Teachers and Students



Quick Links

[Contact Us](#)

Next PTG Membership Meeting

3/8 - 9:15 am - South Campus

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In like a Lamb...

Happy March everyone! You can just see the light at the end of the rainbow, as well as our children's smiles again - woohoo!

Talent Show

Thursday, Mar 3rd

Great job to all of our super stars!! The show was a SMASH! *(Please try to remember us little people when you make it to Broadway.)* Special thanks to Veronica LaPlant, Katie DeLand and all the student and parent volunteers who helped make the show a success!

Destination Imagination

Saturday, Mar 5

HFRS's Destination Imagination Teams will participate in their first ever Regional Showcase this weekend. *(See attached flyer for info.)* A special thank you to Capri Hiovch for coordinating the coaches and students all winter long. Best of luck to all of you!

Daddy Daughter Dance

Sunday, Mar 6

Roses are red; Violets are blue...Sunday is the big day for Dad and you! Come dressed to impress, **5 pm @ Petruzello's**. *Rumor has it that there will be a chocolate fountain. Chocolate. Fountain.*

Fish Fry

3/4, 3/11, 3/18, 3/25, 4/1, 4/8, 4/15

Head to Paul's on Main Street every Friday during Lent. HFRS families receive 10% off their bills. Good times and good eats! Be sure to bring attached flyer...

Family Dinner Night

Wednesday, Mar 9th

What's better than eating Kruse and Muer's delicious warm bread? *Almost nothing*. That's why our Family Dinner Night will be one you don't want to miss. *It's even worth the poppy seed mess you will make*. See attached flyer for details...

PTG Executive Board

Co-Presidents:

Elizabeth Koenig
Lauren Kochenderfer

Vice Presidents:

Jamie Corsetti
Christina Scollin

Secretary:

Christina Matway

Treasurer:

Julie Gagliardi

Mother/Son Event

Sunday, Apr 10th

Save the date for an afternoon of laser tag, bowling and MORE! The best part? *Mom will be there*. More details to follow...

Science/Cultural Event

Tuesday, Apr 12th

Save the date for this annual favorite! More details to follow...

Retail Fundraisers

[Amazon Smile](#), [Box Tops](#), [Kroger](#), [Toyology](#)

For HFRS retail fundraiser info, click on the links above, available in every PTG Connection.

"Teamwork makes the DREAM work."

**THE NEXT HFRS SKI CLUB IS TUESDAY MARCH 8th
(THIS IS THE LAST SESSION OF THE YEAR)**



Greetings Holy Family Parents,

This upcoming Tuesday, 3/8, will be the year's last session. If you plan to join the HFRS ski club next Tuesday, you must create a Vagaro account. Please see the link:

<https://www.pineknobskischool.com/clubs-membership-lift-tickets--rentals.html> Password:

PKClubs2122 to register and get a membership, lift tickets, rentals, and lessons. If you have already purchased a membership, you only need to buy lift tickets for the remaining sessions.

All financial transactions go through the Vagaro app. A student and adult ski club membership is \$25 each, Lift tickets are \$25 for adults and children (**only on Ski Club days**), Ski or Snowboard rental is \$25, and Helmet rental is \$10. All purchases have to be made through your Vagaro account by **1:30 pm the day (Tuesday) of the ski club**, and Matt Neely will distribute the membership cards, lifts tickets, rental slips in the Pinery at a table with an **HFRS Ski Club Check-In sign between 4:30 and 6:00 pm on Tuesday**. Please book **lessons** for your child a few days in advance because they book up quickly using Promo code **PKSKI1 (first lesson)**, and **PKSKI2 (second lesson)** can be used when redeeming two lessons included in the membership.

Please see the following sites for ski conditions:

Pine Knob Web Site: <https://www.skipineknob.com/>

Pine Knob webcams here: <https://www.skipineknob.com/the-mountain/mountain-cam>

If you have any questions regarding lift tickets or credits, please get in touch with Pine Knob at pkskischool@gmail.com

Thank you for a great ski season!

-Scott Collins



IT'S GAME TIME



ATHLETIC NEWS FOR THE WEEK

BASKETBALL

Friday, March 4th:

6:00 pm: Boys Varsity White @ St. Hugo

Saturday, March 5th:

10:15 am: Boys Varsity Blue vs. OL Refuge

@ DeLasalle HS

TBD: Boys Varsity White vs. 1:30pm @ Holy Trinity, Detroit.

BOWLING

Saturday, February 19th

Competition @ 1:00 pm

Bowl One Lanes: 1639 E. 14 Mile Rd. Troy

CHEER

Saturday, February 19th:

10:00 am: CYO Championship @

St. Catherine of Wixom

UNIFORM RETURN

Monday, March 21st from 8:30 am - 11:30 am:

Cheer, Bowling & remaining Basketball teams

Athletes can drop off their uniforms in the gym on one of the labeled metal racks.

Basketball: return washed shorts and jerseys in a gallon size Ziploc bag with your player's jersey number, size, and name clearly labeled (Smith, YXL, #8).

Bowling: Return washed shirt in a gallon Ziploc bag with your athlete's name and size clearly labeled (Smith, AS)

Cheer: Return washed uniforms in a gallon Ziploc bag with your athlete's name and team clearly labeled (Smith, JV Cheer).

Anyone with lost or damaged uniforms will be required to pay a replacement fee

SIDELINE STORE

SHOP OUR SIDELINE STORE YEAR ROUND. SHOP FOR MORE STYLES AND DESIGNS [HERE](#)

WINTER SPORTS SEASON SURVEY:

For those teams that have already completed your winter sports season, please find below our season ending survey. We would appreciate your honest feedback so that we can better serve you and your athlete. Please complete 1 survey per player. Your answers will be anonymous and strictly confidential. The survey will remain open until Monday, March 28th.

[Winter Sports 2022 Season Ending Survey](#)